

## Who are FOCCUS Facilitators and Trainers?

FOCCUS Facilitators can be clergy, lay individuals, mentor couples as well as professionals such as therapists or adult educators.

FOCCUS Trainers are experienced FOCCUS Facilitators who received additional training to become certified to teach others to properly use the FOCCUS Inventory.

## Requirements to be a FOCCUS Facilitator or Trainer?

In order to become a FOCCUS Facilitator, one must participate in a training session administered by a Certified FOCCUS Trainer or complete the online training. All Facilitators must agree to properly use the FOCCUS Inventory and register with FOCCUS, Inc. USA.

To become a FOCCUS Trainer of Facilitators, additional training by a FOCCUS Certified International Trainer is required along with:

- ◆ verification of FOCCUS facilitation with 10 Couples over the course of at least two years;
- ◆ letters of recommendation from two couples;
- ◆ completion of an application and agreement form describing background and experience; and
- ◆ payment of the trainer application fee.

The FOCCUS Manager will follow up with a phone call to welcome you and answer any additional questions. Once your trainer interview is complete a trainer packet is mailed with the required FOCCUS PowerPoint and hand-out materials for individualized trainings within your organization.

## REFOCCUS

FOCCUS Training also includes information about the REFOCCUS© Marriage Enrichment Inventory which can be completed online or self scored using the QuickScore and pencil-paper. Intended for couples who have been married for more than two years, REFOCCUS does not require a trained Facilitator. The REFOCCUS Facilitator Manual offers detailed information for facilitators and options for use of REFOCCUS with individual couples and groups of couples in both general and specialized settings.

## About the Trainer:

Murphy Lierley serves as the Manager of FOCCUS Inc. USA., the marriage preparation and enrichment ministry working in the Archdiocese of Omaha, Nebraska. Murphy studied English and Religious Studies at the University of Nebraska in Lincoln before entering seminary formation for the diocese of Lincoln, Nebraska. He graduated Summa Cum Laude from Saint Gregory the Great College Seminary and after discerning God was not calling him to the priesthood, served in parish life as a youth minister and director of faith formation before working with FOCCUS. In August, he will graduate with his master's degree in theology from the Augustine Institute in Denver. He and his wife Kelli, who teaches 2<sup>nd</sup> grade in a catholic school, enjoy sand volleyball, spending time with family and of course, Husker Football.



**FOCCUS, Inc. USA**  
Nazareth Hall  
3300 North 60th Street  
Omaha, Nebraska 68104

**FOCCUS**  
INC. USA

FACILITATING OPEN COUPLE  
COMMUNICATION, UNDERSTANDING & STUDY

**FOCCUS Facilitator Training Course**

**August 22, 2019**

**Pastoral Center  
3888 Paducah Drive  
San Diego, CA 92117**



## The FOCCUS Pre-Marriage Inventory...

- ◆ enables targeted discussion on a host of topics known to be important to marital success.
- ◆ is not a test and is not to be used to label couples or predict marital outcome.
- ◆ is user-friendly, economical and developed for use with diverse populations and a variety of organizational sessions.
- ◆ is available in Catholic, Christian and General editions as well as an Alternate Edition, written at a third grade reading level, developed in consultation with the National Catholic Partnership on Disabilities. FOCCUS is also available in various languages.
- ◆ the FOCCUS Facilitator Manual provides detailed information on utilizing the Couple Report as well as b'tween resources to elicit optimal, productive couple discussion both during and after facilitation. Each couple receives a Couple Certificate which serves as proof of their completion of the FOCCUS Pre-Marriage Inventory and facilitated sessions.

## Why use the FOCCUS Pre-Marriage Inventory?

THE FOCCUS Inventory addresses important issues such as communication, problem-solving, religion, dual careers, cohabitation, pets, parenting, sexuality, impact of technology, finances and more.

Couples respond independently to the inventory statements, indicating their level of Agreement, Disagreement or Uncertainty. Their personal responses generate an individualized Couple Report that serves as a "moment in time" look at the strengths and opportunities for growth within the relationship. The FOCCUS Facilitator Manual provides detailed information on utilizing the Couple Report as well as b'tween resources to elicit optimal, productive couple discussion both during and after facilitation. Each couple receives a Couple Certificate which serves as proof of their completion of the FOCCUS Pre-Marriage Inventory and facilitated sessions.

## TRAINING SCHEDULE

### FACILITATOR TRAINING

9:30 am - 10:00 am	Registration
8:30 am - 12:00 pm	Session 1
12:00 pm - 12:30 pm	Lunch*
12:30 pm - 3:00 pm	Session 2

\*morning hospitality and lunch provided

## TRAINING COST

**\$50 per person—cost includes  
4th Edition Facilitator Manual  
Morning hospitality and lunch**

## TRAINING LOCATION

**Pastoral Center  
3888 Paducah Dr  
San Diego, CA 92117**

## REGISTRATION DEADLINE:

**August 8, 2019**

## For Additional Registration

**Information**

**John Prust**

**[jprust@sdatholic.org](mailto:jprust@sdatholic.org)**

**858.490.8256**

## Training Registration Form

Name \_\_\_\_\_

If registering as a couple include both names

Church \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

(please check box below and return this form before registration deadline on August 8, 2019)

I/We will attend Facilitator Training

I/We will attend Facilitator Training

## Return Registration Form to:

**John Prust**

**Office for Family Life and Spirituality**

**PO Box 85728**

**San Diego, CA 85728**

**[jprust@sdatholic.org](mailto:jprust@sdatholic.org)**

**858.490.8256**

**FOCCUS, INC. USA**

**877.883.5422**

**402.827.3735**

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**[foccus@foccusinc.com](mailto:foccus@foccusinc.com)**